

# SPRING 2020 REGISTRATION WORKOUT IN THE WATER

FEBRUARY 4-MAY 7  
(No classes over spring break)

**REGISTRATION BEGINS: JANUARY 30, 2020**

## HOW TO REGISTER

Register in person at CRCE member services when facilities are open for operation. Please refer to the facilities schedule for hours of operation.

\*Note: Per University policy, email registration WILL NOT be accepted  
Questions? Contact us via email [dcr-fitness@illinois.edu](mailto:dcr-fitness@illinois.edu).

## IMPORTANT NOTES

- **One registration form per Workout in the Water participant.**
- Participants should be able to enter and exit the water with little to no assistance and participate independently in this class.
- Refunds (minus \$5 handling) given before the first day of class of a given semester. No refunds after the first day of class of a given semester.

\* For more information: [campusrec.illinois.edu/workoutinthewater](http://campusrec.illinois.edu/workoutinthewater)

### PLEASE PRINT CLEARLY

Name (Participant)		Date of Birth
Address		
City	State	Zip
Home Phone	Business Phone	
Email *		
UIN:		

\* *Make sure the email listed above is one that is legible and regularly checked on your behalf as that is how we will communicate all program updates and changes.*

### WORKOUT IN THE WATER

\$60/member

\$70/nonmember

Tuesday & Thursday

8:30-9:25 am, CRCE

#### How did you hear about the Scuba Class at Campus Recreation?

- |   |  |   |                                      |                                       |
|---|--|---|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Overview Booklet | <input type="checkbox"/> Flyer/Rack Card | <input type="checkbox"/> Campus Rec website | <input type="checkbox"/> Facebook    | <input type="checkbox"/> Instagram    |
| <input type="checkbox"/> Past participant | <input type="checkbox"/> Illini Frenzy   | <input type="checkbox"/> Word of mouth      | <input type="checkbox"/> ARC Signage | <input type="checkbox"/> Other: _____ |

#### Accessibility

Campus Recreation makes every effort to be accessible to all abilities. If you need accommodations for our facilities or programs, please contact us at [campusrec@illinois.edu](mailto:campusrec@illinois.edu).

#### Office Use Only

Drop-off

Date Received: \_\_\_\_\_ Total \$: \_\_\_\_\_

Receipt #: \_\_\_\_\_ CSA Initials: \_\_\_\_\_

# PARTICIPATION WAIVER

Waiver of Liability, Assumption of Risk, and Indemnity Agreement

## WAIVER

In consideration of being permitted to participate in any way in Campus Recreation Programs taking place at the University of Illinois Campus Recreation facilities, I, for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue the Board of Trustees of the University of Illinois and its respective officers, employees, and agents from liability from any and all claims including those which result in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in Campus Recreation Workout in the Water Program.

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SIGNATURE OF PARTICIPANT

DATE

## ASSUMPTION OF RISKS

Participation in Campus Recreation Programs carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains to 2) major injuries such as eye injury or loss of sight, joint or back sprains, strains, breaks, concussions, cuts, cardiac arrest, partial or total paralysis, drowning and death. We strongly recommend that you consult your personal physician before starting any strenuous activity or class. I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent to Workout in the Water Program. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

## INDEMNIFICATION AND HOLD HARMLESS

I also agree to INDEMNIFY AND HOLD the Board of Trustees of the University of Illinois HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees, brought as a result of my involvement in Campus Recreation Workout in the Water Program and to reimburse it for any such expenses incurred.

## ACKNOWLEDGEMENT OF UNDERSTANDING

I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

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SIGNATURE OF PARTICIPANT

DATE

\* Photographs and video may be taken of informal recreation and programs by Campus Recreation or the University of Illinois. These photographs and videos are used for promotional and surveillance purposes. If you have questions or concerns, please contact us at [campusrec@illinois.edu](mailto:campusrec@illinois.edu).