

OBZ SEPT 2019

SUN	MON	TUE	WED	THU	FRI	SAT	
	01	02	03	04	05	06	07
	08	09	10	11 OBZ Kick Off Party: 7-8PM @ ARC	12	13	14
	15	16	17	18 Training Session with Alexis @ ARC Wellness Suite	19	20	21
	22	23	24	25 Training Session with Alexis @ ARC Wellness Suite	26	27	28
	29	30					

OBZ OCT 2019

SUN MON TUE WED THU FRI SAT

		01 OBZ Ice Arena Social @7pm		02 Training Session with Alexis @ ARC Wellness Suite	03	04	05
06	07	08		09 Training Session with Alexis @ ARC Wellness Suite	10	11	12
13	14	15 OBZ Rock wall ARC @7pm		16 Training Session with Alexis @ ARC Wellness Suite	17	18	19
20	21	22		23 Training Session with Alexis @ ARC Wellness Suite	24	25	26
27	28	29		30 Training Session with Alexis @ ARC Wellness Suite	31		

OBZ NOV 2019

SUN

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Last Training Session
with Alexis @ ARC
Wellness Suite

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