Lifeguard Training Class–Fall 2018 (October 4-7)
The course will be conducted on-site at the ARC Wet Meeting Room and Indoor Pool. Attendance at all sessions is mandatory in order to successfully complete the course.

Cost: $275 (includes all materials and certification fees)

Lifeguard Training Class (ARC Indoor Pool & Wet Meeting Room)
Thursday, October 4 5-9pm
Friday, October 5 5-10pm
Saturday, October 6 10am-6pm
Sunday, October 7 10am-6pm
* Will break for lunch Saturday and Sunday.

Please check that you meet the minimum requirements.
- At least 15 years of age.
- Swim 300 yards continuously.
- Starting in the water, swim 20 yards using front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point with the object and exit the water without using a ladder or steps, within 1 minute 40 seconds.
- Tread water for 2 minutes using only your legs.

If you are unable to complete the minimum requirements, your fees will be refunded minus a $5 processing fee and a $25 testing fee.

RETURN FORM TO:
In Person / Mail: ARC Member Services
201 E. Peabody Drive, Champaign IL 61820
Fax: (217) 244-3319

CONTACT PERSON:
Cody Demas: cdemas@illinois.edu • (217) 300-1318

Payment
- Cash
- Check #:
- Visa
- Mastercard
- Charge Card #: / / / 

Name on Card:
Expiration Date: / 
CID (3 digit # on back of card):
Signature:

OFFICE USE ONLY
- Drop-off
- Fax
- Mail-in

Total $: Receipt #: CSA Initials: