Lifeguard Training* – Fall 2017**

* The class will be a BLENDED LEARNING FORMAT requiring participants’ online participation and completion of tasks prior to the first day of class.

** Last day to register is Monday, November 27

Cost: $275 (includes all materials and certification fees)

☐ Lifeguard Training Class  (ARC Indoor Pool)

Thursday, November 30  5-10pm
Friday, December 1  5-9pm
Saturday, December 2  10am-5pm
Sunday, December 3  10am-5pm
* Lunch breaks provided Saturday & Sunday

Prerequisites for Lifeguard Training
Please check that you meet the minimum requirements.

☐ At least 15 years of age.
☐ Swim 300 yards continuously.
☐ Starting in the water, swim 20 yards using front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point with the object and exit the water without using a ladder or steps, within 1 minute 40 seconds.
☐ Tread water for 2 minutes using only your legs.

If you are unable to complete the prerequisites, your fees will be refunded minus a $5 processing fee and a $25 testing fee.

RETURN FORM TO:
In Person / Mail:  ARC Member Services
201 E. Peabody Drive, Champaign IL 61820
Fax:  (217) 244-3319

CONTACT PERSON:
Cody Demas:  cdemas@illinois.edu  •  (217) 300-1318

Payment
☐ Cash
☐ Check #:
☐ Visa
☐ Mastercard
☐ Charge Card #:                            /                          /                          /

Name on Card:
Expiration Date:                /                        CID (3 digit # on back of card):

Signature:

OFFICE USE ONLY
☐ Drop-off
☐ Fax
☐ Mail-in

Total $:  Receipt #:  CSA Initials:  

Campus Recreation makes every effort to be accessible to all abilities. If you need special accommodations for this facility and/or program, please contact us at campusrec@illinois.edu.