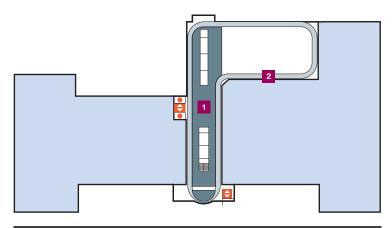
# **Activities & Recreation Center (ARC)**





### **UPPER LEVEL**

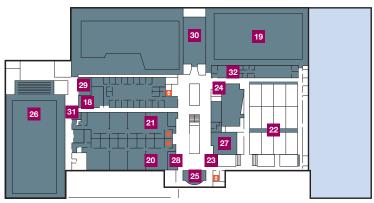
- Cardio & Weights
- 2 Track



#### **ENTRANCE LEVEL**

- 3 All Gender Restrooms
- 4 Athletic Training (Carle Sports Medicine)
- 5 Card Swipe Area
- 6 Cardio & Weights
- 7 Member Services
- 8 Gym 2
- 9 Gym 3

- 10 Multi-Purpose Room 1
- 11 Multi-Purpose Room 2
- 13 Multi-Purpose Room 3
- 14 Multi-Purpose Room 4
- 15 Multi-Purpose Room 5
- 16 Multi-Purpose Room 6
- 17 Well-Being Lounge



## **CONCOURSE LEVEL**

- 18 All Gender Changing Room
- 19 Strength & Conditioning
- 20 Men's Locker Room
- 21 Women's Locker Room
- 22 Performance Pods Viewing Area
- 23 Adventure Recreation Center
- 24 Auditorium Entrance (2 levels)

- 25 Climbing Wall Entrance
- 26 Indoor Pool
- 27 Instructional Kitchen/ Food Assistance & Well-Being Program
- 28 Meeting Room 2
- 29 Meeting Room 3
- 30 Multi-Purpose Room 7
- 31 Wet Meeting Room
- 32 Wellness Suite

#### **LOWER LEVEL**

- 33 Weights
- 34 Auditorium Entrance
- 35 Personal Training Studio
- 36 Cycling Studio
- 37 Squash Courts (3 courts)
- 38 Racquetball Courts (8 courts)
- 39 Performance Pods (HIIT, Power, Olympic)
- 40 Bouldering Cave

